

The Breastfeeding Center at the Family Life Center for Maternity

Breastfeeding Support Services

- Free lactation consultations
- Seven day-a-week coverage
- Free Breastfeeding Support Line—413-748-7262
- Private individual lactation consultations available by appointment or walk-in hours **Tuesdays, 11 a.m. to 1 p.m. and Thursdays, 1 to 3 p.m.**
- Expectant Mothers Breastfeeding Class—Held monthly pre-registration is required

Babies and Breastfeeding Tips

This “drop in” breastfeeding group meets every **Thursday, 12 to 12:30 p.m.** Offering breastfeeding support and time for questions and answers whether it is milk supply, breast pumping, or returning to work. Led by a lactation consultant

Mommy and Me Group

Being a new mother has many joys and challenges. Join us for a coffee hour and a chance to talk with other new mothers. Led by an experienced mom. This “drop-in” group meets every **Thursday from 11 a.m. to 12 noon.**


Electric Breastpumps

- Electric breastpumps for purchase:
Medela—Pump in Style—Advance
Ameda—Purely Yours
- Hospital-grade electric breastpumps for rent

Breast Feeding Accessories and Bras

- Breastfeeding accessories for purchase: nursing bra pads, Medela Quick Clean micro steam bags, Quick Clean wipes, Pump and Save breastmilk storage bags.
- Certified Medela bra fitting service: Medela nursing bras—sleep and comfort bras, and Bravado bras.

For more information about programs and services call 413-748-7295

 A member of the Sisters of Providence Health System and Catholic Health East, sponsored by the Sisters of Providence.

Mercy
MEDICAL CENTER

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